

MARCH 2021

Shenandoah High School Breakfast Menu

Low-Fat and Fat-Free Milk are Offered with All Meals

Thursday Friday Monday **Tuesday** Wednesday Ham, Egg & Cheese BF Bar w/Toast Blueberry Muffin 5 Mini Donuts 3 PBJ Uncrustable Cereal Pancake on a Stick NO NO Chocolate Chip Breakfast Bar Pop Tarts Bacon, Egg & Cheese BF Sandwich Avocado Toast w/Egg PBJ Uncrustable PBJ Uncrustable Yogurt Parfait Yogurt Parfait Yogurt Parfait **SCHOOL SCHOOL** Yogurt String Cheese Fresh Fruit Fresh Fruit, Juicy Juice Fresh Fruit, Orange Juice Orange Juice Choice of Milk Choice of Milk Choice of Milk Sausage, Egg & Potato Power Bites Egg Omelet Muffin w/Toast French Toast w/Bacon Breakfast Pizza 10 Mini Pancakes 12 8 **Breakfast Crispito** Cereal w/Toast Pop Tarts Cereal Bar Cereal w/Toast Cinni Mini Avocado Toast w/Egg Banana Squares Avocado Toast w/Egg **Breakfast Boat** PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Go Gurt Cottage Cheese Yogurt Applesauce, Fresh Fruit Blueberries, Fresh Fruit Strawberries, Fresh Fruit, Orange Juice Peaches. Fresh Fruit. Juicy Juice Fresh Fruit, Orange Juice Juicy Juice Orange Juice Choice of Milk Scrambled Eggs, Bacon, & Hashbrown5 Bacon, Egg & Cheese BF Sandwich Waffles Biscuits & Gravv **Breakfast Sliders** 17 19 Pop Tarts Apple Frudel **Breakfast Cookie** Mini Donuts Combo Links w/Toast Chocolate Chip Breakfast Bar Avocado Toast w/Egg Cereal w/Toast Avocado Toast w/Egg Cereal Bar PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Go Gurt String Cheese Baked Apple Slices, Fresh Fruit, Orange Juice Go Gurt Yogurt Mandarin Oranges, Juicy Juice Choice of Milk Fresh Fruit, Orange Juice Fresh Fruit, Orange Juice Fresh Fruit, Juicy Juice Choice of Milk Choice of Milk Choice of Milk Choice of Milk Sausage, Egg & Cheese Biscuit 23 Egg & Cheese Omelet w/Sausage & Toas Egg Omelet Muffin w/Toast 26 Ham, Egg & Cheese BF Bar w/Toast Sausage, Egg & Potato Power Bites w/Toast Breakfast Taco w/Tator Tots Pancake on a Stick French Toast w/Sausage Bagel w/Cream Cheese Cereal w/Toast Avocado Toast w/Egg Cinni Mini Avocado Toast w/Egg Chocolate Chip Muffin Breakfast Pizza PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Yogurt Parfait Cottage Cheese Go Gurt Raspberries, Fresh Fruit Peaches, Fresh Fruit Fresh Fruit Pears, Fresh Fruit, Juicy Juice Mixed Berries, Orange Juice Juicy Juice Orange Juice Choice of Milk Orange Juice Choice of Milk Choice of Milk Choice of Milk Choice of Milk Waffles w/Bacon 29 Biscuits & Gravv 30 **Breakfast Boat** 31 Pop Tarts Mini Pancakes **Breakfast Crispito** Avocado Toast w/Egg Mini Donuts Muffin PBJ Uncrustable PBJ Uncrustable PBJ Uncrustable Yogurt Parfait Yogurt Parfait Yogurt Parfait Fresh Fruit Yogurt Yogurt Strawberries, Fresh Fruit, Orange Juice Juicy Juice Fresh Fruit, Orange Juice Choice of Milk Choice of Milk Choice of Milk





